Showcase Information Sheet:

Location:

Sportport International 12525 Sportport Road, Maryland Heights, MO 63043

Parking:

There is plenty of parking space available throughout the complex.

Waiver:

All athletes must fill out this online waiver (<u>HERE</u>) or they will not be permitted to participate in this event.

Registration:

There would be a registration table where you will be given a numbered pinnie for the entire showcase, make sure you wear it both days. Please be there at 8:45am to register so we can start on time.

Itinerary:

Session 1 - 9:30am to 11:30am - First assessment - Skill development - Coaches will work to help the participants develop their individual skills while showing their favorite exercises.
Session 2 - 11:30am to 12:30pm Rapid Fire with coaches - Small groups, quick and informal Q&A
Session 3 - 2:30pm to 5:00pm - Small to big games progression - Great opportunity to learn from college coaches about the small sided games they play with their teams
Session 4- 5:00pm to 5:30pm - Q&A with all coaches (parents are invited) - Coaches will be able to answers as many questions as possible (NCAA permitted)
Session 5 - 9:30am to 12:30pm - Progression from Session 1
Session 6 - 2:30pm to 5:30pm - 7v7 tournament

What to Bring:

****Bring your own lunch on both days****

- -Mouthguard -GK gear -Wattle bottle -Snacks
- -Sunscreen

Food Recommendations:

Westport Plaza has a few options (5 minutes away) 111 W Port Plaza Dr, St. Louis, MO 63146
Streets of St Charles has a great variety (10 minutes away) 1520 S 5th St, St Charles, MO 63303

Turf Access:

Please note that the only participants allowed on the turf are players and coaches. We will have tents available to provide shade for them.

Weather Protocol:

The facility's locker room is available to us in case of bad weather.